

PROGRAM CHECKLIST

Step	Description	Completed
Visit Your Doctor or Nurse Practitioner	Start the conversation with your Doctor or Nurse Practitioner.	
Pick Your Decision Makers	Start the conversation with family and/or a substitute decision maker.	
Fill Out MedWatch Form	Print and complete the MedWatch Emergency Form.	
Visit Pharmacist	Ask your pharmacist for a printout of your medications. Attach your medication printout to the MedWatch Emergency Document.	
Document Decision Makers	Print and complete the Temporary Substitute Decision Maker Form.	
Place Documents in Greensleeve	Place the following documents in your greensleeve: MedWatch Emergency Form, Temporary Substitute Decision Maker Form, MOST, No CPR, and Representation Agreements.	
Put Greensleeve in Safe Place	Choose a location that will be accessible to emergency workers when they arrive. Some common places to store your folder would be in a cupboard, drawer or on your fridge.	
Apply Green Sticker Inside Home	Apply one green sticker to mark the location of the Greensleeve package inside the home. Apply to the outside of the fridge, cupboard or drawer.	
Apply Green Sticker Outside of Home	Apply one green sticker outside the entry door of the residence. Apply to front door of house or personal apartment door.	
Mark Your Calendar	Mark your calendar for 6 months to update your documentation. Make sure to make changes to your documents if your medications change.	